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Who is left to admire?

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Personally, I cannot wait for the election to be over because I can barely stomach one more advertisement from the political campaign by either side.

It seems there is one on every single minute and there is no room left for actual programs anymore. It is more than just annoying.

The real sadness is that, at the rate we are going, with our society's tolerance of negative attack ads by both parties in virtually all elections, we at a point where the winner of every political office will appear dishonorable to the general public. We have to remember that our vote is sacred and must be cast wisely. Sometimes it is hard to remember that every vote counts, but please — for God's sake — no matter who you intend to vote for...vote!

What really is bothersome is that every candidate now is being accused of despicable acts, horrific dishonesty and, basically, of having the conscience of a criminal, or a lizard. I don't want lizards running my country. I don't want lizards running my community, sitting on the bench or voting about anything to do with my life or my world.

We cannot expect to have continual disparagement of our current or potential leaders without it, eventually, getting to the point where nobody is trusted. In fact, you may have noticed there already is little trust at all. I doubt we can withstand any further erosion of such an important element of our societal glue — trust — before things really unravel.

Remember, when you vote in response to a negative ad, you are

increasing the likelihood that such ads will multiply in future elections. On the other hand, wherever possible — and I recognize the possibilities are slim — when you vote for a candidate who is not engaged in such vicious and disdainful behavior, you increase the likelihood that such ads may some day die a natural death. I know, I know ... but I had to say something before we have no chance of recovering some civility in our election process.

I liken this to my encouraging people to obtain lawyers who have not engaged in demeaning, ludicrous or dishonest advertising. The one way to make sure you'll see more billboards of smiling faces joyously celebrating your injury or pretending to talk with space aliens is to go to the firms that promulgate such foolishness. The one way to ensure further use of despicable political campaigns is to reward such conduct with your vote.

Finally, the founders of our great country cannot, even remotely, have envisioned robocalls — those machines carrying out the will of their programmers — as communications protected by the First Amendment. Please let our leaders know such tactics must end. We just need to speak out, and we need to get these problems under control immediately.

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